

Buy Organic:

The 2013 Dirty Dozen +

1. Apples
2. Celery
3. Cherry Tomatoes
4. Cucumbers
5. Grapes
6. Hot Peppers
7. Imported Nectarines
8. Peaches
9. Potatoes
10. Spinach
11. Strawberries
12. Sweet Bell Peppers
13. Kale/Collard Greens
14. Summer Squash

GMO Produce

1. Zucchini (Small % is GMO)
2. Hawaiian Papaya (most is GMO)
3. Some varieties of sweet corn (Small % is GMO)